

SNBF PRO & ELITE CLASS CRITERIA

SNBF Pro Class

- **GRAND FATHER CLAUSE QUALIFICATIONS:** All Overall Winners of any Regional SNBF Competitions since 2005 will have one year eligibility to compete in the PRO Class.
- **QUALIFICATIONS:** The April May, June, July, and October SNBF Competitions are SNBF Pro – Qualifiers (same as they currently are.)
- **QUALIFICATIONS:** Each Pro Athlete must present a valid pro card from the organization he or she is representing upon registration or they will not be allowed to compete.
- **Mandatory - NO Exceptions - All Pro Athletes:** You must take and pass a polygraph and a urinalysis test before he or she competes and before you receive the cash payout.
- **CASH PRIZE:** Cash payout will be issued one week after the event depending on the urinalysis results. Cash payout amount for each class will be determined by the number of entries in the show.
- **REGIONAL OVERALL WINNERS:** The Overall Winners of ANY SNBF Regional Competition in the Men BB, Men Masters BB, Women BB and Figure Classes will have two year eligibility after winning the Regional Competition to compete in the SNBF Pro Division or they will lose their Pro Status.
- **CATEGORIES:** All Pro Competitors will be in one class for each category (Men BB, Men Masters BB, Women BB and Figure Competitors – (NO CROSS OVERS))
- **PLACES:** 1st thru 5th places will be awarded in each class.

NOTE: The SNBF reserves the right to eliminate a particular class and/or not award a cash payout if the minimum number of athletes has not entered the Pro Division.

SNBF Open & Novice Class

- As part of the SNBF Pro / Amateur Show, there will be a **SNBF Open Class.** These Athletes can turn Pro by winning the Overall Place in their class. This will qualify them to compete in the next SNBF Pro / Amateur Show. The SNBF also has added a **SNBF Novice Class.** Novice competitors consist of athletes that are first time competitors or competitors that have never placed in the top 3 places in ANY organization.
- **REGIONAL SHOW OVERALL WINNERS:** Overall Open Class Winners of any Regional SNBF Show will be awarded their SNBF Pro card.
- **CATEGORIES:** The Open Class will consist of one class in the Figure and Men Masters BB Categories. There will be Short, Med and Tall Categories in the Open Women BB and Open Men BB Classes - (NO CROSS OVERS). The Novice Class will consist of one class in the Figure, Women BB and Men BB Classes - (NO CROSS OVERS).
- **PLACES:** 1st thru 5th places will be awarded in each class.
- **CASH PRIZE: NO Cash Payout** will be awarded for the Open Class to preserve your Amateur Status for Regional Shows).

SNBF BANNED SUBSTANCES

The following substances and related compounds are banned by the Supernatural Bodybuilding and Fitness Organization (SNBF) and their use constitutes grounds for dismissal from SNBF, competitions and suspension from membership privileges from the organization.

ANABOLIC STEROIDS. Including but not limited to bolasterone, boldenone, chiroxomesterone (dihydrochlormethyltestosterone), clostebol, fluoxymesterone, mesterolone, methandienone, methyltestosterone, nandrolone, norethandrolone, oxandrolone, oxymetholone, stanozolol, testosterone and all other related compounds.

TESTOSTERONE (injections, patches, gels) in any form or for any reason.

TESTOSTERONE/EPITESTOSTERONE RATIO the T/E ratio is used to measure the presence of exogenous testosterone, or illicit elevation of testosterone levels. A T/E ratio in excess of 6/1 is ruled as positive, no matter what the cause. Note: Should the use of any substance cause an elevated T/E ratio in excess of the 6/1 limit, the athlete will be ruled as positive (failure).

GROWTH HORMONES (PHARMACEUTICAL HGH, HCG and any other related compounds). Oral, spray or sublingual GH compounds are banned effective January 1, 2001.

HORMONES AND ALL PRECURSORS & METABOLITES, DERIVATIVES AND RELATED COMPOUNDS The use of any hormone (injectable, oral, sublingual or otherwise) for bodybuilding purposes – including insulin – is strictly prohibited. All hormonal precursors (androstenedione, 19-norandrostenedione, androstenediol, 5-AD, androsteneTRIONE, etc.) are banned effective January 1, 2000. Prescription Thyroid hormone medication when used for bodybuilding purposes is banned. Pro-Steroids (1-Test), etc. are banned effective January 1, 2000. The presence of any banned substance in the urine (i.e., nandrolone, etc.), no matter how it arrived there, is ruled as a positive (failure).

Masking Agents:

Chemicals or drugs used for the purpose of deceiving or passing the polygraph test and anything used to attempt altering urine test results including, but not limited to Probenecid, Epitestosterone (> 200 ng/mL).

PRESCRIPTION DIURETICS. Any and all prescription weight-loss substances and diuretics, used for bodybuilding purposes, even when physician-prescribed, are banned by the SNBF.

PSYCHOMOTOR STIMULANTS.

MUSCLE IMPLANTS OF ANY KIND and Synthol (Not including breast implants for women).

CHEMICALS/DRUGS FOR THE PURPOSE OF DECEIVING OR PASSING THE POLYGRAPH TEST.

CLENBUTEROL AND GHB (since 1996).

ANY ILLEGAL OR ILLICIT BODYBUILDING DRUG OR SUBSTANCE.

ANY FDA-BANNED SUBSTANCE EXCEPT IF SPECIFICALLY OTHERWISE INDICATED.