

NEW

SNBF PRO & AMATEUR ATHLETES

POLYGRAPH, URINE & ORAL FLUIDS DRUG TESTING POLICY

The following substances and related compounds including **CHEMICALS/DRUGS** FOR THE PURPOSE OF DECEIVING OR PASSING THE POLYGRAPH TEST are banned by the Supernatural Bodybuilding and Fitness Organization (SNBF) and their use constitutes grounds for dismissal from SNBF, competitions and suspension of membership privileges from their affiliated organization.

Toxicology Laboratory developed a high quality 53 unit comprehensive panel for steroid testing and a high quality 16 unit comprehensive panel for diuretics testing using urine and oral fluids. This test also detects a full list of prescription androgenic anabolic steroids, pro-hormones, designer anabolic steroids, essential masking, anti-estrogen agents and diuretics.

This panel is comparable to (WADA) *World Anti-Doping Agency* testing. Toxicology Laboratory uses the most sophisticated, sensitive and specific equipment and technology available, (GC/MS - gas chromatography/mass spectrometry), to confirm and quantitate steroids and diuretics. This test is ideal for drug free bodybuilding and fitness organizations, colleges and high school athletes.

53 COMPREHENSIVE STEROID PANEL — Test panel list updated periodically to include new prohormones and designer steroids.

1-Androstendiol	Dehydrochloromethyltestosterone	Methandrostenolone	Oxabolone
1-Androstendione	Desoxymethyltestosterone	Methasterone	Oxandrolone
4-Androstendiol	Drostanolone	Methenolone	Oxymesterone
4-Androstendione	Epitestosterone (masking agent)	6-Methylandrosterone	Oxymetholone
5-Androstendiol	Ethylestrenol	Methyl-1-testosterone	Probenecid (masking agent)
5-Androstendione	Fluoxymesterone	Methylnortestosterone	Prostanozol
Bolandiol	Formebolone	Methyltestosterone	Quinbolone
Bolasterone	Formestane (anti-estrogen)	Mibolerone	Stanozolol
Boldenone	Furazabol	Nandrolone	Stenbolone
Boldione	Halodrol	19-Norandrostadiendione	Testolactone (anti-estrogen)
Calusterone	4-Hydroxy-testosterone	19-Norandrostendione	1-Testosterone
Clenbuterol (anabolic agent)	Mestanolone	Norbolethone	Testosterone
Clostebol	Mesterolone	Norclostebol	Trenbolone
Danazol	Methandriol	Norethandrolone	

16 DIURETIC PANEL— Test panel list updated periodically to include new diuretics.

Acetazolamide	Amiloride	Bumethanide	Bendroflumethiazide	Canrenone	Chlorthalidone
Chlorothiazide	Clopamide	Cyclothiazide	Dichlorphenamide	Ethacrynic acid	Furosemide
Hydrochlorothiazide	Hydroflumethiazide	Spironolactone	Triamterene		

ANABOLIC STEROIDS. Including but not limited to bolasterone, boldenone, chioroxomesterone (dyhydrochloromethyltestosterone), clostebol, fluoxymesterone, mesterolone, methandienone, methyltestosterone, nandrolone, norethandrolone, oxandrolone, oxymetholone, stanozolol, testosterone and all other related compounds.

TESTOSTERONE (injections, patches, gels) in any form or for any reason.

TESTOSTERONE/EPITESTOSTERONE RATIO the T/E ratio is used to measure the presence of exogenous testosterone, or illicit elevation of testosterone levels. A T/E ratio in excess of 6/1 is ruled as positive, no matter what the cause. Note: Should the use of any substance cause an elevated T/E ratio in excess of the 6/1 limit, the athlete will be ruled as positive (failure).

GROWTH HORMONES (PHARMACEUTICAL HGH, HCG and any other related compounds). Oral, spray or sublingual GH compounds are banned effective January 1, 2001.

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HORMONES AND ALL PRECURSORS & METABOLITES, DERIVATIVES AND RELATED COMPOUNDS The use of any hormone (injectable, oral, sublingual or otherwise) for bodybuilding purposes – including insulin – is strictly prohibited. All hormonal precursors (androstenedione, 19-norandrostenedione, androstenediol, 5-AD, androsteneTRIONE, etc.) are banned effective January 1, 2000. Prescription Thyroid hormone medication when used for bodybuilding purposes is banned. Pro-Steroids (1-Test), etc. are banned effective January 1, 2000. The presence of any banned substance in the urine (i.e., nandrolone, etc.), no matter how it arrived there, is ruled as a positive (failure).

Masking Agents:

Chemicals or drugs used for the purpose of deceiving or passing the polygraph test and anything used to attempt altering urine test results including, but not limited to Probenecid, Epitestosterone (> 200 ng/mL).

PRESCRIPTION DIURETICS. Any and all prescription weight-loss substances and diuretics, used for bodybuilding purposes, even when physician-prescribed, are banned by the SNBF.

PSYCHOMOTOR STIMULANTS.

MUSCLE IMPLANTS OF ANY KIND and Synthol (Not including breast implants for women).

CLENBUTEROL AND GHB (since 1996).

ANY ILLEGAL OR ILLICIT BODYBUILDING DRUG OR SUBSTANCE.

ANY FDA-BANNED SUBSTANCE EXCEPT IF SPECIFICALLY OTHERWISE INDICATED.