

# **SNBF BANNED SUBSTANCES**

The following substances and related compounds are banned by the Supernatural Bodybuilding and Fitness Organization (SNBF) and their use constitutes grounds for dismissal from SNBF, competitions and suspension from membership privileges from the organization.

**ANABOLIC STEROIDS.** Including but not limited to bolasterone, boldenone, chioroxomesterone (dihydrochlormethyltestosterone), clostebol, fluoxymesterone, mesterolone, methandienone, methyltestosterone, nandrolone, norethandrolone, oxandrolone, oxymetholone, stanozolol, testosterone and all other related compounds.

**TESTOSTERONE** (injections, patches, gels) in any form or for any reason.

**TESTOSTERONE/EPITESTOSTERONE RATIO** the T/E ratio is used to measure the presence of exogenous testosterone, or illicit elevation of testosterone levels. A T/E ratio in excess of 6/1 is ruled as positive, no matter what the cause. Note: Should the use of any substance cause an elevated T/E ratio in excess of the 6/1 limit, the athlete will be ruled as positive (failure).

**GROWTH HORMONES (PHARMACEUTICAL HGH, HCG** and any other related compounds). Oral, spray or sublingual GH compounds are banned effective January 1, 2001.

**HORMONES AND ALL PRECURSORS & METABOLITES, DERIVATIVES AND RELATED COMPOUNDS** The use of any hormone (injectable, oral, sublingual or otherwise) for bodybuilding purposes – including insulin – is strictly prohibited. All hormonal precursors (androstenedione, 19-norandrostenedione, androstenediol, 5-AD, androsteneTRIONE, etc.) are banned effective January 1, 2000. Prescription Thyroid hormone medication when used for bodybuilding purposes is banned. Pro-Steroids (1-Test), etc. are banned effective January 1, 2000. The presence of any banned substance in the urine (i.e., nandrolone, etc.), no matter how it arrived there, is ruled as a positive (failure).

## **Masking Agents:**

Chemicals or drugs used for the purpose of deceiving or passing the polygraph test and anything used to attempt altering urine test results including, but not limited to Probenecid, Epitestosterone (> 200 ng/mL).

**PRESCRIPTION DIURETICS.** Any and all prescription weight-loss substances and diuretics, used for bodybuilding purposes, even when physician-prescribed, are banned by the SNBF.

**PSYCHOMOTOR STIMULANTS.**

**MUSCLE IMPLANTS OF ANY KIND** and Synthol (Not including breast implants for women).

**CHEMICALS/DRUGS FOR THE PURPOSE OF DECEIVING OR PASSING THE POLYGRAPH TEST.**

**CLENBUTEROL AND GHB** (since 1996).

**ANY ILLEGAL OR ILLICIT BODYBUILDING DRUG OR SUBSTANCE.**

**ANY FDA-BANNED SUBSTANCE EXCEPT IF SPECIFICALLY OTHERWISE INDICATED.**